

Evaluation Services

- Developmental Testing for Infants and Toddlers
- Psychoeducational and Neuropsychological Evaluations
- Admissions Testing for Independent Schools
- Speech-Language Evaluations
- Occupational Therapy and Sensory Processing Evaluations
- Special Education Advocacy

Treatment Services

- Individual Therapy
- Family Therapy
- Child and Adolescent Groups
- Social Skills Training
- Parent Support Groups

Educational Services

- Personalized and Small Group Tutoring
- Preschool Storybook Groups to Encourage Early, Pre-Reading Development

Evaluation Services

- Neuropsychological Evaluations
- Psychological Evaluations for Bariatric Surgery Patients

Treatment Services

- Individual Therapy
- Group Psychotherapy
- Couples Therapy
- Cognitive-Behavioral Groups for Anxiety Disorders
- Mothers Group



Potty Training Classes

Dr. Zimmitti's potty training classes offer parents an effective, two-day program that will result in their child peeing and pooping on the potty without trauma, upset or fuss. In fact, this program offers parents an opportunity to connect with their child and teach a valuable life skill in a time-efficient manner. And for those children with more extreme potty issues, such as fear of the potty, the constipation cycle, and encopresis, Dr. Zimmitti includes step-by-step strategies. Individual and group training sessions are available, please call the office to schedule your appointment at (202) 333-6251.

Parent Lecture Series

Providing informational meetings to educate and support you in your parenting role. Various topics are covered, from positive discipline to adolescent identity development, to toilet training and sleeping.

Storybook Reading Class for Preschoolers and School Age Children

Maria Zimmitti, Ph. D. & Associates and Educational Solutions, LLC are partnering to provide an innovative storybook reading class. The class goal will be to introduce emergent readers to engaging, language rich stories that encourage interactions designed to build oral language skills.

Sleep Training Classes

Dr. Zimmitti's sleep training classes will give you and your child the necessary tools to get a good night's rest, which is most important for growth and development for your child. Individual and group training sessions are available, please call the office to schedule your appointment at (202) 333-6251.



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Office Hours: Monday-Friday 8-4
Weekend and evening hours
available for testing and therapy

Maria Zimmitti, Ph.D.
& Associates

*A multi-disciplinary organization
providing evaluation and treatment
services to children,
families and adults.*

